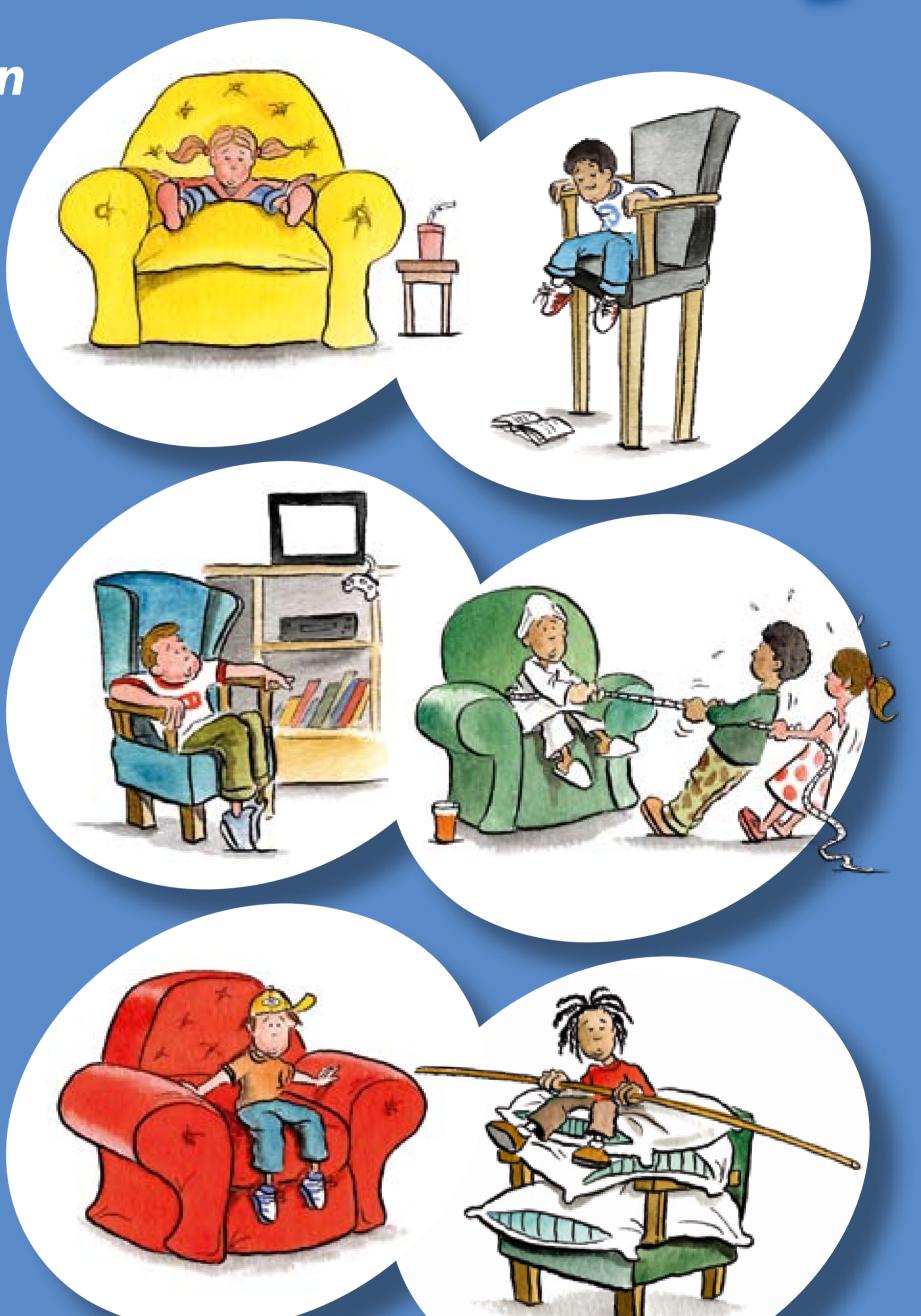
A Rough Guide to Seating

Unsuitable seating can cause problems...

Incorrect seat depth and height can lead to isolation and long term immobility.

Getting the seat wrong can increase dependency and reduce "well being".

Correct arm width/height and an appropriate seat will help to control posture.



Innappropriate provision of pressure relieving cushions can create further postural problems.



Symmetrikit™ multi-adjustable chairs

Adjustable arms, seat and back. Three sizes available: Small, Medium and Large

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