

Minimising the Risk of Pressure Ulcers & Managing Contractures



Our online training course for **Qualified Health Professionals** looks at how **Postural Care can help Minimise Pressure Ulcers & Manage Contractures.**

The six modules cover:

- The Concept of Postural Care
- Contractures & Paratonia
- Postural Care Practical: Solutions for the Seated Position
- Pressure & Microclimate
- Postural Care Practical: Solutions for the Lying Position
- Course Review & Case Studies

Includes a **LIVE Q&A session** with Rosie Bartlett MCSP SRP, a very highly experienced specialist Physiotherapist, who will also be joined by an experienced Symmetrikit Postural Care Advisor.

All theory uses Slides/Research/Training Material from our recent RCOT Approved Learning Accredited 24 Hour Postural Care Course.

To book a place or request further information - email anna@symmetrikit.com or call 01531 800234.

Important Notes:

The pre-recorded practical modules are a demonstration of Symmetrikit Postural Care Solutions relevant to the course theoretical content. The live Q&A Sessions following each module will include an opportunity - technology allowing - to answer further questions and show practical solutions specific to attendee's requests. Please allow one hour for each module. An electronic handout will be available following completion of the course. RCOT Approved Learning Award Certificates will be sent to attendees who participate and complete all modules. **Please note: places are limited to allow for live interaction following each module.**

